

SUNRISE ELEMENTARY

# DECEMBER

## BREAKFAST

			<b>01</b> <b>Entree</b> Cinnamon Toast Crunch Cereal Buttermilk Bar <b>Fruit</b> Choice of Juice Raisins Craisins	<b>02</b> <b>Entree</b> Honey Nut Cheerios Cereal Apple Frudel <b>Fruit</b> Choice of Juice Fresh Oranges Wedges Craisins
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<b>05</b> <b>Entree</b> Rice Krispies Cereal Apple Frudel <b>Fruit</b> Choice of Juice Mixed Fruit <b>Grains</b>	<b>06</b> <b>Entree</b> Cinnamon Chex Cereal Turkey Ham & Cheese Slider <b>Fruit</b> Choice of Juice Applesauce Cup <b>Grains</b>	<b>07</b> <b>Entree</b> Golden Grahams Cereal Blueberry Mini Waffle <b>Fruit</b> Choice of Juice Slices Apples, IW <b>Grains</b>	<b>08</b> <b>Entree</b> Cinnamon Toast Crunch Cereal Pancake Sausage on a Stick <b>Fruit</b> Choice of Juice Fresh Pear	<b>09</b> <b>Entree</b> Honey Nut Cheerios Cereal Cinnamon Bun <b>Fruit</b> Choice of Juice Satsuma Orange <b>Grains</b>
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<b>12</b> <b>Entree</b> Rice Krispies Cereal Bagel with Strawberry Cream Cheese <b>Fruit</b> Choice of Juice Craisins <b>Grains</b>	<b>13</b> <b>Entree</b> Turkey Ham & Cheese Rippers Cinnamon Chex Cereal <b>Fruit</b> Choice of Juice Cherry Craisins <b>Grains</b>	<b>14</b> <b>Entree</b> Golden Grahams Cereal Mini Cinnamon French Toast <b>Fruit</b> Choice of Juice Slices Apples, IW <b>Grains</b>	<b>15</b> <b>Entree</b> Breakfast Wrap w/ Egg, Cheese, Potato & Turkey Sausage Cinnamon Toast Crunch Cereal <b>Fruit</b> Choice of Juice Fresh WA Apples	<b>16</b> <b>Entree</b> Honey Nut Cheerios Cereal Coffee Cake <b>Fruit</b> Choice of Juice Fresh Oranges Wedges <b>Grains</b>
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## LUNCH

			<b>01</b>	<b>02</b>
			<b>Entree</b> Cheese Bagel Pizza Asian Chicken Salad w/ Roll <b>Vegetables</b> Baby Carrots Mini Green Salad	<b>Entree</b> Garlic Cheese Bread w/ Marinara Beef Teriyaki Dippers & Brown Rice <b>Vegetables</b> Baby Carrots Green Beans

<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>
<b>Entree</b> Yogurt Boat: Blueberry Muffin, w/ Cheese Stick Chicken Corndog <b>Vegetables</b> Baby Carrots Corn <b>Fruit</b>	<b>Entree</b> PBJ Grape Jam w/ Sunflower Seeds Hamburger & Fries <b>Vegetables</b> Baby Carrots Vegetarian Baked Beans <b>Fruit</b>	<b>Entree</b> Build-Your-Own Pizza Lunch Beef Teriyaki Dippers & Brown Rice <b>Vegetables</b> Baby Carrots Cucumber Cup	<b>Entree</b> Garlic Cheese Bread w/ Marinara Turkey Gravy & Mashed Potatoes <b>Vegetables</b> Baby Carrots Mini Green Salad	<b>Entree</b> Cheesy Quesadilla Beef Nachos, Vegetarian Refried Beans & Tortilla Chips <b>Vegetables</b> Baby Carrots Mixed Vegetables

<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>Entree</b> Yogurt Boat, Cornbread Muffin, w/ Cheese Stick Chicken Tenders with Seasoned JoJos <b>Vegetables</b> Corn Baby Carrots <b>Fruit</b>	<b>Entree</b> Galaxy Cheese Pizza Turkey & Cheese Deli Picnic Sandwich <b>Vegetables</b> Baby Carrots Farmhouse Cheddar Chickpeas <b>Fruit</b>	<b>Entree</b> PBJ Grape Jam w/ Sunflower Seeds Brunch 4 Lunch: Egg Patty, Waffle Sticks, & Turkey Sausage Patty <b>Vegetables</b> Baby Carrots Broccoli Cup	<b>Entree</b> WG Mini Cheese Calzones Taco Salad <b>Vegetables</b> Mini Green Salad Baby Carrots Farmhouse Cheddar Chickpeas	<b>Entree</b> Cheesy Pull-Aparts WG Rotini with Sauce & Chicken Meatballs <b>Vegetables</b> Green Beans Baby Carrots <b>Fruit</b>

